

## Frequent Flier: Travel guide to St. Vincent and the Grenadines



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### Frequent Flier

# AN ISLAND ESCAPE

*Ready for takeoff? This week Frequent Flier is heading to the stunning southern Caribbean island chain of St. Vincent and the Grenadines, 32 islands (only eight of which are inhabited) that offer a unique escape for every type of vacationer.*



Divers and snorkelers, yachters and nature-lovers, beach bums and water sports enthusiasts — no matter what you love, you can all find a part of St. Vincent and the Grenadines (SVG) to call home for a while.

## For the total escape: Palm Island Resort

Home to more than 2,000 palm trees, the aptly named **Palm Island resort** was recently ranked No. 4 on *Conde Nast Traveler's* list of reader-ranked resorts in the Caribbean. We're not surprised it's a fan favorite and we met several returning guests during our ultra-relaxing stay (trust us, you won't want to leave). Forty-three accommodations of various sizes offer a stylish way to experience the Caribbean. Book a snorkel trip to the Tobago Cays and spot a sea turtle or three (we snorkeled with one for several minutes, and it was a trip highlight), situate yourself on one of five white sand beaches, hit the pool (we couldn't get enough of the waterfall feature), or sip a daiquiri at the inviting Royal Palm Bar, where friendly, entertaining bartenders serve drinks while regaling guests with stories, jokes and bottle-spinning tricks. The 135-acre island also boasts nature trails, which you can explore on foot or on a bicycle you can rent from reception.

### Getting there

Until the new Argyle airport is ready to start transporting more visitors from more places (it's slated to open December 2014, and they needed to move three mountains to build it) the current route is usually via Barbados or Grenada. From there you'll take a flight to your island of choice. The journey might sound complicated, but it's not. Flights to SVG are frequent, fast and friendly. You'll be in paradise, rum punch in hand, before you know it.

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