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**Plant-based spa treatments available at Hyatt Regency Trinidad**

*Trinidad's top spa - Spa Esencia - offers guests three organic treatment options that soften and exfoliate the skin*

**Port of Spain, Trinidad – May 11, 2016** – Guests at [Hyatt Regency Trinidad's](#) chic [Spa Esencia](#) are benefiting from spa products that use natural, food-based ingredients to boost the health and wellness of their skin. According to certified spa and hospitality veterans, this move is in line with a rising trend.

"Thanks to greater access and the sharing of public information, today's spa guest is more knowledgeable and discerning than ever before. As a result, they come to us expecting to find rejuvenating and effective treatment options that are free of unnecessary chemicals," said Zahra Duncombe, spa director.

Such demand is easily met by supply in the Caribbean, a region where basic ingredients like coconut oil, honey and fruit are easy to come by.

The following earth-to-spa treatments are available now to all hotel guests:

**Cocoa Bean Body Wrap (50 minutes) - \$US106**

This decadent, organic, all senses body wrap experience begins with a full body exfoliation to ensure smooth skin. By maximizing on the absorption of all the incredible properties in locally sourced and roasted cocoa beans, this rich, warm wrap acts as a natural antioxidant. Infused with nourishing oils and spices, it is invigorating, stress relieving and pain-free.

**Papaya Body Polish (60 mins) – US\$108**

This full body treatment combines the exfoliation of a lemon body scrub with papaya enzymes and the nourishment of a cream. Due to the presence of Papain, papaya is a gentle and natural exfoliant that eradicates dead skin cells without further causing irritation and sensitivity. It restores, revitalizes and rejuvenates.

### **The Royal Coconut Milk and Honey Ritual (80 mins) US\$139**

This soothing and replenishing coconut milk and honey ritual allows guests to indulge all of their senses and simultaneously pamper their skin. Made of organic cane sugar, honey, coconut milk and exotic drift nut oils that are combined to exfoliate, hydrate, and renew the skin's moisture balance, it leaves guests with a resplendent glow.

Prices quoted are exclusive of taxes. For additional questions or to make reservations at Spa Esencia, please call +1 868 623 2222.

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### **About Hyatt Regency Trinidad**

Designed as a premier meeting, convention, business, event and leisure travel property, the 428-room Hyatt Regency Trinidad is situated in the Port of Spain International Waterfront Development. The Hyatt's versatile event space showcases a 16,000 square-foot grand ballroom, and a 10,000 square-foot ballroom with translation facilities. Other guest facilities include one full-service restaurant; a lobby bar and lounge; a fitness center, and the 9,000 square-foot Spa Esencia. For more information and reservations, please visit [trinidad.hyatt.com](http://trinidad.hyatt.com) or call 1-800-233-1234. High-resolution images may be downloaded from [newsroom.hyatt.com](http://newsroom.hyatt.com).

### **About Hyatt Regency**

Hyatt Regency encompasses the full spectrum of hotel types, which are conveniently located in urban, suburban, airport, convention and resort destinations around the world. Properties range in size from 200 to more than 2,000 rooms, feature intimate and large meeting spaces, and offer a full range of services and dining options tailored to serve the needs of conventions, business travelers or resort vacationers. Hyatt Regency enables all guests - whether they are traveling to work, unwind or gather in celebration - to feel productive and revitalized. For more information and reservations, visit [www.hyatt.com](http://www.hyatt.com).